

G.K Ch-1

KNOW YOURSELF

To be a successful person, it is very necessary to know yourself. Write what do you know about yourself.

1. Who is your favourite person and why?

2. Write two things that you would like to improve about yourself.

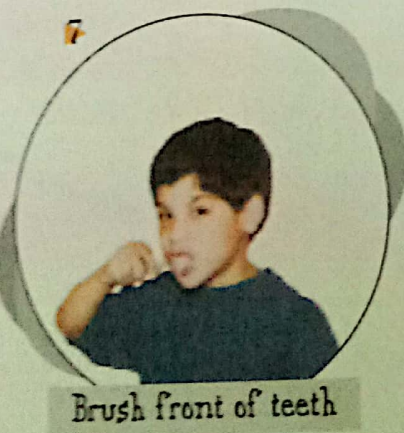
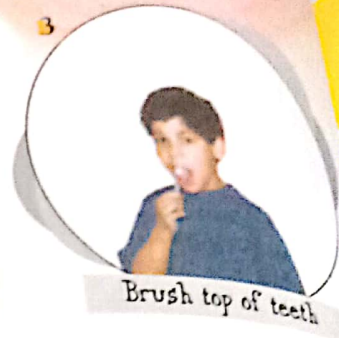
3. Write two things that you enjoy during a holiday.

4. What is your future plan?

5. Write two words that describes you best.

TEETH CARE

Teeth are very important part of our body. We must take care of our teeth to prevent tooth decay. For this we must brush our teeth at least twice a day; in the morning and at night, before going to bed. Put these pictures in order to show the steps in brushing your teeth.



Correct Order

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THEY CARE

In our life, some persons play a vital role. They care our body in different ways. They are known as specialists. Match the following specialists with the treatment they provide.

Specialists

1. Pathologist
2. Dentist
3. Neurologist
4. Cardiologist
5. Ophthalmologist
6. Orthopaedist
7. Pediatrician
8. ENT specialist
9. Dermatologist

Treatment

- a. Treats our skin diseases.
- b. Treats nose, ear and throat disorders and diseases.
- c. Cures nervous disorders.
- d. Is concerned with the prevention and treatment of children's diseases.
- e. Treats eye disorders.
- f. Treats the disorders and diseases of the teeth.
- g. Specialises in treatment of heart disorders.
- h. Identifies the cause of disease by studying blood samples, urine, etc in a laboratory.
- i. Cures the disorders of bones, joints and muscles.

1	
2	
3	
4	
5	
6	
7	
8	
9	

CONSUMER

When we visit the market to buy a chocolate packet or a maggi packet or other food product, we should find the manufacturing date and the expiry date on the label on the packet.



- The manufacturing date of a product is the date on which the product was produced or made and packaged.
- The expiry date of a product is the date after which the product should not be used. It is often printed on the label of a product. Sometimes the expiry date is not a particular date but a period of time. On maggi packet you may find this written: best before 6 months after packaging.

Packaged food items will have either of these signs :

This sign tells us that the food item is vegetarian.



This sign tells us that the food item is non-vegetarian.



A. Now, tell us what do you see when you purchase a food item. Here are a few labels, Read them and answer the questions.

- 1. A loaf of bread
Manufacturing date : 30/1/2018
Expiry: Best before 2/2/2018
For how many days can the product be used?



- 2. A packet of chips
Manufacturing date : 20/8/2017
Expiry : 20/2/2018
For how many months can the product be used?



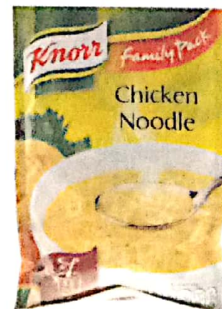
- 3. A packet of soup
Manufacturing date : 13/5/2017
Expiry : 12/5/2018
For how many years can the product be used?



- 4. A bar of butter
Manufacturing date : 11/3/2018
Expiry : Nine months from packaging
After which date it should not be used?



B. Are these vegetarian or non-vegetarian?



1. _____

2. _____

3. _____

GOOD MANNERS



We all want to be the lovely child of our parents. We want that our teacher, our elders love us. It is very easy. We have to follow certain rules of good manners. Let us know how much mannered are you.

A. Tick (✓) the correct and cross (X) the wrong statements.

1. We must eat our food in a hurry and should not chew it properly.
2. We should not make our home or school dirty.
3. We should be cruel to the animals.
4. We should always wish our teachers/elders when meet them.

B. Fill in the blanks by choosing the correct answer from the options.

1. We should eat _____ food.
2. We should not _____ food.
3. We like to live in _____ surroundings.
4. We should keep our mouth _____ when we eat.
5. We learn _____ habits from our mother and father.

- (healthy/fair)
- (eat/waste)
- (tidy/untidy)
- (open/closed)
- (good/bad)

C. Match the following words in Column A with those in column B.

Column 'A'

1. Play
2. Storybook
3. Nail
4. Sneeze
5. Garbage

Column 'B'

- (i) Bins
- (ii) Handkerchief
- (iii) Reading table
- (iv) Nail cutter
- (v) Field



TABLE MANNERS

We should follow the ^{Ch-f} rules of table manners. It not only helps us to take our meal calmly but also makes us disciplined.



Look at the above picture and write the correct number. Who is doing the following activities on the table.

1. Always, eat your food with fork and knife.
2. Be grateful for the meal. It is a gift from God.
3. Do not play with toys on the dining table.
4. Never lean down on the table to pick up objects.

ACTIVITY

Riddles

Riddles are popular in many countries. They are a kind of puzzle. You have to guess the answer to a riddle.



1. What can you catch but not throw?

2. What belongs to you, but other people use it more than you do?

3. What does everyone in the world do at the same time?

4. What can run but never walks, has a mouth but never talks, has a head but never weeps, and has a bed but never sleeps?

5. What has teeth, but cannot bite?



Do you know any riddle? Write it on the lines given below.

REASONING SHEET

A. Find the missing number.

1. $\textcircled{4} - \textcircled{3}$

$\textcircled{6} - \textcircled{5}$

$\textcircled{8} - \textcircled{\quad}$

$\textcircled{10} - \textcircled{9}$

2. $\textcircled{0} - \textcircled{5}$

$\textcircled{7} - \textcircled{6}$

$\textcircled{2} - \textcircled{7}$

$\textcircled{\quad} - \textcircled{8}$

3. $\textcircled{4} - \textcircled{2}$

$\textcircled{6} - \textcircled{3}$

$\textcircled{\quad} - \textcircled{4}$

$\textcircled{10} - \textcircled{5}$

B. Write the next number.

1. 901,

911,

921,

931,

2. 25,

20,

15,

10,

3. 2,

4,

8,

16,

C. Write the missing letter.

1. A

C

E

G

I

2. A

E

I

M

Q

3. J

M

P

S

V

4. Z

X

V

T

R

D. Circle the odd one out.

1. Jasmine

Rose

Honey

Marigold

2. Bedsheet

Pillow

Quilt

Bed

3. Cup

Jug

Glass

Tumbler

4. Rice

Maize

Lentil

Wheat

5. Table Tennis

Badminton

Rugby

Tennis

KING OF Night

Ch-7

Some animals become active at night. They are called as Nocturnal animals. Nocturnal means 'at night'. This is the time when nocturnal animals come out to eat, hunt and play. Unscramble the letters to find out the names of some nocturnal animals.



ntaretea



abrc



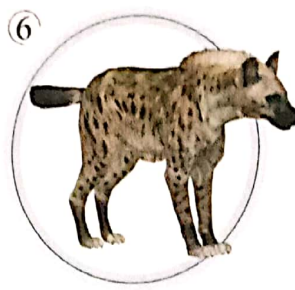
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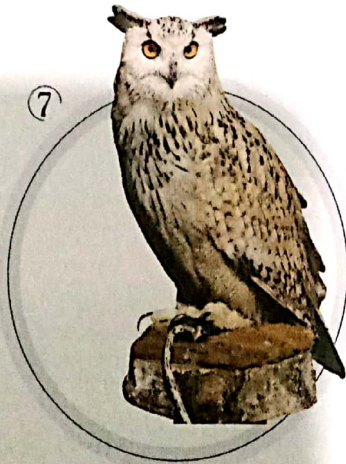
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low

Amazing Fact

Owls are farsighted, they can't see things close to their eyes clearly but can turn their heads as much as 270 degrees.

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Animal Wonders

Do you know about these wonderful animals? Tick (✓) the correct option.

1. Two birds can talk like us. One is the parrot, name the other one.
Turkey/Mynah
2. This animal can walk, trot cater and gallop.
Horse/Kangaroo
3. Who was the first animal to visit the space?
Dog/Cat
4. The tongue of a blue whale is as long as an elephant.
True/False
5. Who is the world's smallest dog?
Pomeranian/Chihuahua
6. The heart of a shrimp is located in its head.
True/False
7. Who is the largest animal in the world?
African elephant/Blue whale
8. Which bird lays eggs in another bird's nest?
Cuckoo/Owl
9. Which bird can fly backwards too?
Hummingbird/Owl
10. Which of the following is a dog breed?
Rottweiler/Python

